

## Katie Yohe

she/her/hers

<https://www.ableensemble.com/>



Originally from West Chester, PA, Katie has called Chicago home since 2007. Katie is a multi-faceted performer and educator with credits ranging from musicals to Shakespeare both in the U.S. and abroad. Katie founded A.B.L.E - Artists Breaking Limits & Expectations in 2016 with the hope of building opportunities for others to find the same confidence, friendships, and joy she has found through the arts. In her tenure with the company, she has produced over 20 stage productions and 2 feature films for this population, and also authored adaptations of 6 plays from the classical canon. She has a soft-spot for A.B.L.E.'s devised shows, especially 2018's *Thereby Hangs a Tale*. Katie holds a BFA in Drama from Syracuse University and an MA with Distinction in Applied Theatre from The Royal Central School for Speech and Drama in London. Her ongoing research centers on developing creative arts programming for individuals with a dual diagnosis of Down syndrome and dementia. In addition to her artistic life, Katie is also a certified Pilates and GYROTONIC® Instructor with over a decade of experience training clients of all ages and abilities to find healing and strength through movement. Her favorite dance party tune is "How Will I Know" by Whitney Houston.